

**ADULT CHILDREN OF ALCOHOLICS AND DYSFUNCTIONAL FAMILIES FIFE**

## **MY INNER CHILD DREAMS AND WISHES RETREAT**

**DATE 23-25 FEBRUARY 2024**

**LOCATION GLENROTHES SCOTLAND**

**BALGEDDIE HOTEL**

**Organiser Fife ACA <http://aca-fife.org.uk/>**



### **A RETREAT TO EMBRACE AND EXPLORE MY INNER CHILD'S DREAMS AND WISHES**

Come and join us in the heart of Scotland for our inner child dreams and wishes would retreat the retreat shall start at 6 pm (Arrival from 3 pm onwards) on Friday 23<sup>rd</sup> February 2024 and end at 1 pm on Sunday 25<sup>th</sup> February 2024 Cost for the weekend is £175.00 per person in twin or double room. Single room supplement is £225.00pp for weekend costs including bed and breakfast. Soup and sandwiches on Friday evening. Two-course meal on Saturday evening, Unlimited Tea and Coffee during the retreat, use of leisure facilities in the hotel. All event material is inclusive. Terms and conditions of booking overleaf.

## TERMS AND CONDITIONS FOR BOOKING

### Bookings

The booking form must be completed please go to the further information page on <http://acafife.org.uk/further-information/> where a form can be completed and returned to [sandymearns11@hotmail.co.uk](mailto:sandymearns11@hotmail.co.uk)

A **NON-REFUNDABLE** deposit of £75 must be paid by 31<sup>st</sup> October 2023 the remaining balance must be paid in full by 1<sup>st</sup> February 2024

Please correctly fill in all areas of the booking form and when paying your deposit or full amount reference your forename and surname.

All bookings are subject to availability. The retreat has 44 residential spaces and 10-day visitor spaces.

### Cost of retreat

**Twin / double room sharing. £175.00 pp**

**Single room £225.00pp**

**Day visitor £10 pp**

Residential terms include bed and breakfast. Soup and sandwiches on Friday evening. Two-course meal on Saturday evening, Unlimited Tea and Coffee during the retreat, use of leisure facilities in the hotel. All event material is inclusive.

**No refunds will be given for cancellations.**

**Check-in time is 3:00 pm onwards Friday 23<sup>rd</sup> February 2024 and check-out time is 1.00 pm.**

**Deposit and full balance payable by Bank transfer (please reference your full name)**

**Bank Details Nationwide sort code 07-01-16 Account number 10940284**

**A retreat program will be uploaded and available from January 2024**

**By making a booking, you agree to be bound by these terms and conditions.**

**Download a booking form on home page of <http://aca-fife.org.uk/>**

**And return completed to [Sandymearns11@hotmail.com](mailto:Sandymearns11@hotmail.com) or [sheila247mark@icloud.com](mailto:sheila247mark@icloud.com)**